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POST-OPERATIVE WOUND CARE INSTRUCTIONS

NOTE: If bleeding should occur, apply 20 minutes of constant pressure.
(Do this with sterile gauze or a clean dry cloth)

YOU MUST USE THE HEALING OINTMENT ALL THE TIME TO IMPROVE HEALING PROCESS AND PREVENT SCARING

FOR SURGERY **WITHOUT** STITCHES:

1. Wash hands with antibacterial soap before caring for the biopsy site.
2. Cleanse the biopsy site daily with RUBBING ALCOHOL (use cotton ball or q-tip)
3. Once the area is dry, apply a thin of either: AQUAPHOR or NEOSPORIN or POLYSPORIN healing ointment.
4. Cover the site with either a BAND-AID or DUODERM EXTRA THIN or TELFA and cut to size.
5. Change the bandage once daily, preferably after showering for the next 5-7 days. Keep it dry and clean until the wound is healed.

FOR SURGERY **WITH** STITCHES:

PLEASE MAKE AN APPOINTMENT 10 DAYS AFTER PROCEDURE FOR SUTURE REMOVAL OR AS DIRECTED BY A DOCTOR.

1. Please leave the bandage in place, allow bandage to stay for next 48-72 hrs.

We applied a waterproof dressing, so you can take a shower.

2. Wash hands with antibacterial soap before caring for the biopsy site.
3. After removing the band-aid, please cleanse the biopsy site daily with RUBBING ALCOHOL (use a q-tip).
4. Once the area is dry, apply a thin layer of either: AQUAPHOR or NEOSPORIN or POLYSPORIN healing ointment.
5. Cover the area with BAND-AID or DUODERM EXTRA THIN or TELFA and cut to size.

6. Change the bandage once daily, preferably after showering. Keep it dry and clean until the wound is healed.
7. PLEASE WAIT 24 HRS TO EXERCISE.
8. If the bandage should fall off, follow the instructions starting with washing your hands and cleaning the wound.

AFTER THE WOUND HEALS IT IS BENEFICIAL TO PURCHASE A MEPIFORM FOR COMFORTABLE SCAR CARE. PLEASE CALL 1800-659-8037 AND MENTION DR. JALIMAN