

# Your Beauty Questions, Answered



Andrea Pomerantz Lustig is on a mission to help you look more gorgeous and obsess less. Our hero!

## Q When I wear my hair up, it looks too flat. How can I get some volume?

I'm with you—sleek updos look geeky on me! Here's what hair pro Renato Campora says to do: Clip the top section of your hair out of the way. Make a low bun with the rest of your hair; pin. Next, tease the top, then gently smooth it back and wrap and pin it around the bun. Finally, loosen some hair in front. It's face-flattering!



Try a bun with Amanda

## Q My cheeks are always red—like I overdid the blush. How can I calm my skin?

That perma-blush might be caused by rosacea. I've dealt with it for years. I dust on a greenish face powder prefoundation to neutralize redness. My dermatologist, Debra Jaliman, M.D., also suggests an antihistamine to cut inflammation. For pimple-like bumps, docs can prescribe Oracea, too—truly a miracle antibiotic for me.



**GETS THE RED OUT**  
Physicians Formula Mineral Wear Talc-Free Mineral Correcting Powder in Creamy Natural (\$14, at drugstores)



## Beauty Do

**DO stick two flowers in your hair.** Women in Thailand put blossoms on both sides of a ponytail—it's pretty from all angles

**DO refrigerate your eye cream.** It feels great and zaps under-eye puff. I keep my body lotion in there all summer, too.

**DO wear colored bottom liner.** Streak black eyeliner on top and a colored one (try violet or teal) underneath.

## Q I'm finally going on vacation. Got any tips for packing cosmetics?

When I fly, I bring makeup that works as eyeshadow, blush and lipstick, like NARS The Multiple (\$38, narscosmetics.com), and I hit the drugstore for mini products. For carry-ons, powders and pencils get through security fine, but liquids and gels need to be 3.4 ounces (100 ml) or less and fit in a clear one-quart zip-top bag. Checking luggage? Don't waste space: Tuck bottles of hair and body stuff (taped shut) inside your shoes.



Jet-setting models backstage at Fashion Week spring 2010

**PACK RIGHT**  
Hey, greenies, that one-quart bag doesn't have to be the throwaway kind! Modella Clear Beauty Basics PVC TSA Bag (\$6 for two-piece set, Walmart)

Got something to ask? E-mail [andrea@glamour.com](mailto:andrea@glamour.com).

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